Walk Leader checklist

1. Meeting point and transport arrangements

Give a description of the best route, including alternatives due to known road closures, the meeting time/point for car sharing, the post code of the start point. Be specific in situations where the post code covers a large area in rural areas, eg. use What3words.

2. An estimate of the walk distance

3. The walk grade based on our grading system

4. A description of the walk route, including

- a) Total ascent.
- b) Terrain.
- c) Specific Risks eg. Muddy paths, Difficult Stiles, Narrow paths, Scrambling.

5. Equipment for the walk that might be useful

- a) Walking Aids.
- b) Appropriate footwear/clothing.
- c) Sun Creams/Hats etc.
- 6. Your contact details. Provide a mobile number so people can make contact prior to or on the day.

7. Forecast weather conditions

Warn of latest weather forecast, and plan for an alternative walk/route if the weather proves unsuitable for your original walk making it too risky.

8. <u>Dogs</u> – are they permitted, and if so, advise they must be on a lead (as per our risk assessment). Advise if farm animals will be encountered.

Reminder for on the day briefing

- 1) Advise of busy roads encountered on the walk.
- 2) Nominate a back marker and possibly a mid-marker on the day, dependent on group size.